



PAD & CARRY SKILLS TEST

Crew Member Name: _____ Date: _____

Trainer Name: _____

Dresser—Team Pad

- Must be able to properly pad and band all finished sides of the dresser with a teammate.

Dining Chair—arm rests

- Must be able to properly pad and band chair w/arm rests.

Chest of Drawers

- Must be able to properly pad and band all finished sides of the chest of drawers.

Bookcase—Team Pad

- Must be able to properly pad and band bookcase with a teammate.

Night Stand—Diaper Method

- Must be able to properly diaper pad and band a night stand, providing neat, full coverage.

Bookshelves—loose shelves

- Must be able to properly pad and band loose shelves; no wood on wood.

Night Stand—Standard Method

- Must be able to properly pad and band a night stand.

Table Legs—loose with bolts

- Must be able to properly pad and band loose table legs w/ bolts.

Kitchen Table Top

- Must be able to properly pad and band kitchen table top.

Bed Rails (set)

- Must be able to properly secure bed rails with tape and then properly pad and band them.

Dining Chair—no arm rests

- Must be able to properly pad and band a chair w/no arm rests.

General Performance Results:

- Satisfactory
 Needs Additional Training

* All tasks are solo unless marked "Team"



Team Lift—Tilt Method (w/dresser)

- Must be able to team lift dresser using the tilt method. Mirror partner while carrying forward up a ramp and backwards down a ramp in a smooth, controlled motion.

Team Lift—Couch

- Must be able to team lift couch. Mirror partner while carrying forward up a ramp and backwards down a ramp in a smooth, controlled motion.

Team Lift—45° lift (w/dresser) - BOTTOM

- Must be able to team lift dresser (w/trainee on **BOTTOM** position) using the 45° lift method. Mirror partner while carrying forward up a ramp and backwards down a ramp in a smooth, controlled motion.

Team Lift—Hump Strap w/Mattress

- Must be able to team lift mattress with a hump strap. Properly load strap on hand and then mirror partner while carrying forward up a ramp and backwards down a ramp in a smooth, controlled motion.

Team Lift—45° lift (w/dresser) - TOP

- Must be able to team lift dresser (w/trainee on **TOP** position) using the 45° lift method. Mirror partner while carrying forward up a ramp and backwards down a ramp in a smooth, controlled motion.

Solo Lift—End Table

- Must be able to properly lift end table to the front of body and carry forward up a ramp in a smooth, controlled motion.

Team Lift—45° lift (w/chest drawers) - BOTTOM

- Must be able to team lift chest of drawers (w/trainee on **BOTTOM** position) using the 45° lift method. Mirror partner while carrying forward up a ramp and backwards down a ramp in a smooth, controlled motion.

Solo Lift—Heavy 1.5 Carton

- Must be able to properly lift a heavy 1.5 carton to the front of body and carry forward up a ramp in a smooth, controlled motion.

Team Lift—45° lift (w/chest drawers) - TOP

- Must be able to team lift chest of drawers (w/trainee on **TOP** position) using the 45° lift method. Mirror partner while carrying forward up a ramp and backwards down a ramp in a smooth, controlled motion.

Comments: